



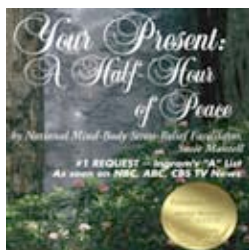
Humor's Healing Power: You Gotta Laugh Some Folks Could Really Use a Little Help (Source: Anonymous Forward)

It appears some folks could really use a hand...

1. One day, I was walking down the beach with some friends when one of them shouted, "Look at that dead bird!" One guy looked up at the sky and said, "Where?" Some of us could really use a hand.
2. While looking at a house, my brother asked the real estate agent which direction was north because, he explained, he didn't want the sun waking him up every morning. She asked, "Does the sun rise in the north?" When my brother explained that the sun rises in the east and has for some time, she shook her head and said, "Oh, I don't keep up with that stuff." Yup. Some of us could use a hand.
3. I used to work in tech support for a 24/7 call center. One day, I got a call from an individual who asked what hours the call center was open. I told him, "The number you dialed is open 24 hours a day, 7 days a week." He responded, "Is that Eastern or Pacific time?" Hmmm. That fella could definitely use a hand.
4. My sister has a lifesaving tool in her car designed to cut through a seat belt if she gets trapped. She keeps it in the trunk. I'm afraid my sister could use a hand.
5. My friends and I were on a beer run and noticed that the cases were discounted 10%. Since it was a big party, we bought 2 cases. The cashier multiplied 2 times 10% and gave us a 20% discount. That guy could use a hand. (And a new job, I reckon.)
6. I couldn't find my luggage at the airport baggage area, so I went to the lost luggage office and told the woman there that my bags never showed up. She smiled and told me not to worry, because she was a trained professional and I was in good hands. "Now," she asked me, "has your plane arrived yet?" Oh dear. This may not be not a news flash, but some of our airports could use a hand.

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Award-winning stress-relief expert Susie Mantell is the author of the exquisitely soothing relaxation audiobook, "Your Present: A Half-Hour of Peace," clinically approved to relieve symptoms associated with health-related, work-related, chronic and traumatic stress. Featured in The Los Angeles Times, NBC, ABC, CBS-TV, Town & Country, The American Pain Society, Hazelden and The Susan G. Komen Breast Cancer Foundation, listeners include The Mayo Clinic, Memorial Sloan-Kettering, The Betty Ford Center, V.A. Hospitals and Canyon Ranch ("#1 Spa"--Conde Nast Traveler). Customizing stress-reduction for Fortune 500 companies, distinguished medical centers and spas, Mantell's multi-sensory, mind-body techniques appear in national media, medical and corporate publications. Susie Mantell's stress-relief & wellness tips are intended as an adjunct to, not a substitute for, professional health care. Order "Your Present: A Half-Hour of Peace" and enjoy more of Susie Mantell's stress-relief tips at www.relaxintuit.com



END OF THIS TIP